# About Me - Patient Profile

You can add a photo here

This About Me – Patient Profile is recommended for you to share with your health clinic. This can be shared with all the clinical team so they know how to best connect with you on each visit by understanding your communication and support needs.

**It is recommended that this Patient Profile is reviewed yearly to make any changes or updated as changes occur.**

**My patient information**

My name:

Please tick – My pronouns:  She / her  He / him  They / them  Other

Date of birth (dd/mm/yyyy):

Address:

Phone number:

Please tick – My main language spoken at home is:

Do you need another person to assist you to communicate?  Yes  No

Key worker  House supervisor  Interpreter  other (e.g. parent, sibling)

Please tick – I identify as Aboriginal and or Torres Strait Islander:  Yes  No

Please share – My cultural and spiritual needs are:

Please share – My primary disability is:

Please share – My other disabilities are (if required):

Other information you may wish to share:

Please share – My key health information is:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Document** | **Number** | **Name** | **Expiry date** | **Optional:** add image of card |
| Medicare Card |  |  |  |  |
| Health Care Card |  |  |  |  |
| Veterans Card |  |  |  |  |
| NDIS Plan |  |  |  |  |
| Other |  |  |  |  |

**My consent**

I, (patient name) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ provide my consent for this About Me – Patient Profile to be kept on file at (name of clinic):

***Note:*** *You may have a key person or supporter in your life who knows you best. This may be a key worker, house supervisor or other (advocate, parent, sibling etc). Please provide their name and details so we can talk directly to them, and they can give us information on your behalf.*

Name (supporter name):

Their relationship to me is:

Their phone number:

This form was completed on (date) (dd/mm/yyyy):

Name (supporter name):

Their relationship to me is:

Their phone number:

This form was completed on (date) (dd/mm/yyyy):

**Decision-making**

***Note:*** A ‘medical treatment decision maker’ is someone who has legal authority to make medical treatment decisions for you under the Victoria’s *Medical Treatment Planning and Decisions Act 2016*.

Please tick – I have a legal Medical Treatment and Decision Maker:  Yes  No   
If yes, their name is:  
Their relationship to me is:   
Their phone number is:

**How I communicate**

**For example**, I use a communication device. I can take 30 seconds to think and answer questions.

Please share – The way I communicate is:

**Optional:** Record a short video and add the link here:

Weblink for video:

**How you should communicate to me**

Please tick and share – I need health professionals to communicate with me by:

Talk slowly and use easy words.

Use pictures and videos to explain things, so I can look at them again later.

Give me information to take home (preferred format below).   
 ( Text written on paper) ( Email) ( Audio) ( Video)

More information:

**My appointment needs**

**Health professionals:** Make sure you check what is the role of the support person.

Please tick and share – For my appointments I need:

A phone call reminder for my upcoming appointment.

An SMS reminder to my primary support person about my appointment.

A longer time for my appointments to support my communication needs.

More information:

**3 things to connect with me**

For example, I have a dog named Larry. I like gardening. Please ask about my day.



**3 things I do not like when I see a health professional**

For example, I do not like sitting in the waiting room – please let me wait in the car.



**My Health Record**

Please tick – I would like my health information added to My Health Record:  
  Yes  No

**Consent to share this information**

Please tick – I consent for this “About Me – Patient Profile” to be shared with other health professionals, inclusive of but not limited to when making a referral:  
  Yes  No   
Who provided consent:

Date (dd/mm/yyyy):

**Health professionals:** If it has been more than 12 months it is preferable to re-confirm consent.

**My treating health professionals**

My GP clinic:

My doctor or GP:

Clinic phone number:

**Note:** This section below is for listing health professionals only. Health professionals may be the doctor or GP, practice nurse, specialists, paediatrician, neurologist, diabetes nurse, allied health professionals, occupational therapist, speech pathologist, mental health professionals, audiologist (hearing), optometrist (vision).

|  |  |  |  |
| --- | --- | --- | --- |
| Health professional type  (Eg. Psychologist) | Name of health professional  (Eg. John Smith) | Name of organisation  or clinic | Phone number |
|  |  |  |  |
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