**My health plan with the dietitian**

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|  |  | This is my health plan with the **dietitian.**  A dietitian is a health professional that looks at your diet and choosing good food and drinks. |
| Needs assessment |  | My health care needs for my diet are:   * (Nurse to add content) * (Nurse to add content) * (Nurse to add content) |
|  |  | The dietitian contact details are:   * Name: * Organisation: * Phone: * Email: * Address: |

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| A person pointing to the side  Description automatically generated |  | My goals with the dietitian:   * (Nurse to add content) * (Nurse to add content) * (Nurse to add content) |
| A picture containing text, screenshot, font, rectangle  Description automatically generated |  | My actions to look after my diet:   * (Nurse to add content) * (Nurse to add content) * (Nurse to add content) |
|  |  | Next health appointment to check-up on this is:  (add time, date, location). |