# MY CLINIC WALKS - PATIENT IDENTIFICATION

**POLAR Walkthrough** 



#### Step 1

Access POLAR explorer - https://polarexplorer.org.au

Log in with your POLAR credentials, which is provided to you via the welcome email.

#### Step 2

In the left drop-down menu select "patient status" and then "active".

In the same menu, under "Age Band" select all options for patients 60+.



# Step 3

#### (Optional)

In the "AusDRisk Categories" graph, select "High".



### Step 4

Go to "clinical" and then select "clinical indicators".



# Step 5 - Inclusion Filters

In the *"Diagnosis"* tab under the *"SNOMED"* drop-down in the clinical indicators table, search and select for one or more of the below listed diagnosis and select as required.

- Diabetes
- Stable ischaemic heart disease
- Anxiety or depression
- COPD
- Chronic pain
  - Osteoarthritis

Diagnosis	Medications Test & Ima	ging Immunisations I
		Lo X 🗸
nic Disease Cate	Q GP Diagnosis	C SNOMED
skeletal	OSTEOARTHRITIS	Q osteoarthritis
	OA (OSTEOARTHRITI	Osteoarthritis
	OSTEOARTHRITIS O	Osteoarthritis of knee
scular	OSTEOARTHRITIS	Osteoarthritis of lumbar s
	KNEE OSTEOARTHRI	Osteoarthritis of hip
a/Alzheimer's	OA	Octeoarthritic of allow

### Step 6 – Exclusion Filters

To choose exclusion filters select the *"Exclusion Filters"* tab.

Select the *"Diagnosis"* tab and under *"SNOMED"* dropdown, search and select for one or more of the below listed diagnosis.

- Unstable Angina
- Severe Aortic Stenosis
- Uncontrolled Arrhythmia
- Acute Infections
- Chest pain
- Palpitations
- Dizziness
- Dyspnea

R Exclusion	n Filters								
itent HAS NOT happ	ened to the ide	ntified patient grou	φ						
ical Measures	Diagnosis	Medications	Test & Imaging	Immunisations	MBS Items	Risk			
	Q_ Chronic Disease Category			Q, Diagnosis Active 6m+ Fiag			O, SNOMED	🗊 x 🗸	
Cardiovascular			No			Q, hypertrophic cardiomyopathy			
	Ao0 Cancer			Yes			Hypertrophic cardiomyopathy		
							Hypertrophic obstruct	tive cardiomyopathy	
CKD						Cardiomyopathy			

# Step 7 - Download patient list

To export your patient list to excel with contact information, select *"patient list"* in top-right of the screen. Then select *"export to excel"* on the top-right of the screen.

Patient	List	Bookmarks <del>•</del>	[͡͡͡͡] ; ☑ Ex	E] port te	E Zel	[]	Immunisations 😵
	00	Coloctions	PAT	TENT	LIST		

#### Support

Please reach out to <u>digitalhealth@westvicphn.com.au</u> for further support.