MY CLINIC WALKS - PATIENT IDENTIFICATION

Walrus Walkthrough

phn
WESTERN VICTORIA
An Australian Government Initiative

Step 1

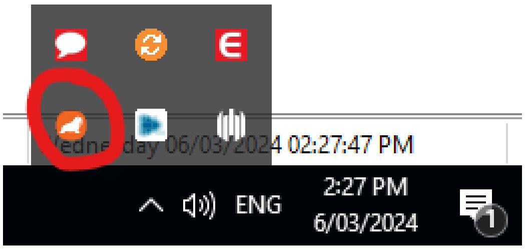
Login to Walrus using your POLAR credentials.

Haven't downloaded Walrus to your PC yet? Follow the [instructions here.](#)

Step 2

When viewing the patient file, navigate to the Walrus window.

If Walrus is not showing, you can locate the Walrus application as seen below in the "show hidden icons" tab *(refer back to Walrus Instructions to configure Walrus to always show on your screen by default).*

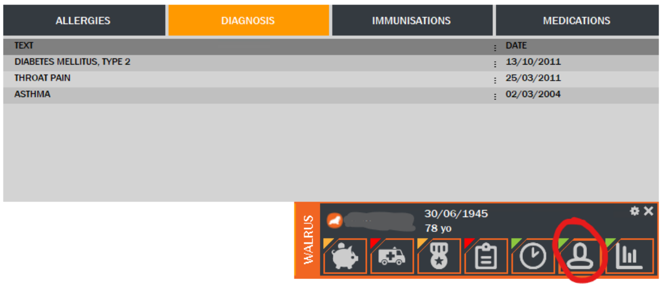


Step 3

Select the "Patient Clinic Summary" icon to view information about the patients' allergies, diagnosis, medications, immunisations.

Identify patients with these diagnoses:

- Diabetes
- Stable ischaemic heart disease
- Anxiety or depression
- COPD
- Chronic pain
- Osteoarthritis



TEXT	DATE
DIABETES MELLITUS, TYPE 2	13/10/2011
THROAT PAIN	25/03/2011
ASTHMA	02/03/2004

WALRUS
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Last Updated 20/05/2024

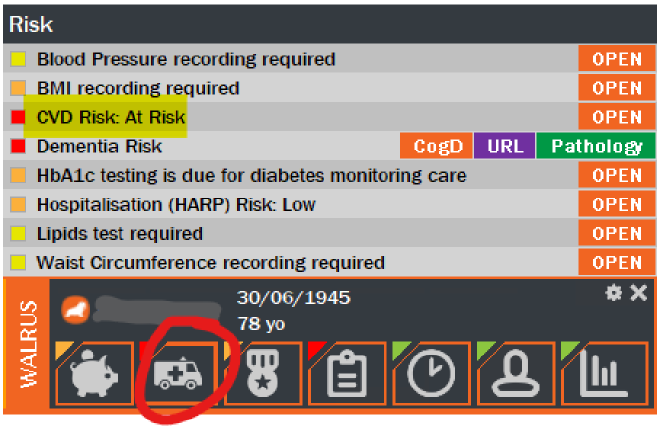
Step 4

Or

Select the "Risk" icon to view patient risk categories.

Identify patient with these risk categories:

- AusDRisk Category – High
- Risk Category for CVD – At Risk



Risk

🟨	Blood Pressure recording required	OPEN
🟧	BMI recording required	OPEN
🟥	CVD Risk: At Risk	OPEN
🟥	Dementia Risk	CogD URL Pathology
🟧	HbA1c testing is due for diabetes monitoring care	OPEN
🟧	Hospitalisation (HARP) Risk: Low	OPEN
🟨	Lipids test required	OPEN
🟨	Waist Circumference recording required	OPEN

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Discussion and Referral

Based off the the patient criteria in the previous steps, begin the conversation about the My Clinic Walks program to discuss their interest, and action as required.

Support

Please reach out to digitalhealth@westvicphn.com.au for further support.