**My health plan with the occupational therapist**

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|  |  | This is my health plan with the **occupational therapist.**  An occupational therapist is a health professional that looks at how people do everyday tasks and what supports they need. |
| Needs assessment |  | My health care needs for everyday tasks are:   * (Nurse to add content) * (Nurse to add content) * (Nurse to add content) |
|  |  | The occupational therapist contact details are:   * Name: * Organisation: * Phone: * Email: * Address: |

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| A person pointing to the side  Description automatically generatedA screenshot of a phone  Description automatically generated |  | My goals with the occupational therapist:   * (Nurse to add content) * (Nurse to add content) * (Nurse to add content) |
| A picture containing text, screenshot, font, rectangle  Description automatically generated |  | My actions to support my everyday tasks:   * (Nurse to add content) * (Nurse to add content) * (Nurse to add content) |
| A person wearing a blue apron and gloves  Description automatically generated |  | Next health appointment to check-up on this is:  (add time, date, location). |