



## Focus Area

## Why improve this focus area?

## QI Ideas “What” of the Action Plan

## Resources

### Pain Management

The status information gathered will help the design, delivery, and evaluate services and so be more responsive to the needs of patients with Chronic or Persistent pain.

Chronic pain lasts more than 3 months or continues after injury or surgery or unknown condition.

A multidisciplinary approach for patients experiencing ongoing pain to build knowledge and the skills to manage pain, minimising the use of opioid medications.

Improve the patient recall system to work towards building a team of health professionals to work with the patient in managing their pain.

Increase the ongoing training for GP’s and clinical staff to keep up to date with Opioid prescribing strategies and changes.

Utilising webinars for managing chronic pain and codeine dependency. Can assist when discussing options with patients.

Clinical staff to support GP’s with providing patients with strategies to better manage pain and able to enjoy life.

Build a list of local Allied specialists who the practice can refer to.

### Clinical Audit Tools

[Cat4 – install](#)  
[Topbar – install guide](#)

### HealthPathways

[Pain Management](#)

### Patient/Clinic Resources

[GoShare](#)  
[SafeScript](#)  
[NPS Medicinewise](#)