

REFERRAL PATHWAYS

Doctors in Secondary Schools Geelong Otway

Purpose

The purpose of this document is to support all Doctors in Secondary Schools clinicians in the western Victorian region with specific referral pathways for secondary school aged students. This can be used in conjunction with [HealthPathways](#).

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Aboriginal and Torres Strait Islander

Clinicians are encouraged to provide an annual Health Assessment for Aboriginal and Torres Strait Islander People (**MBS item 715**)

Wathaurong Aboriginal Cooperative (Geelong and Colac)

To provide culturally appropriate programs, support and services for all Aboriginal and Torres Strait Islander people living in the region. We are focused on building and maintain Strong Community, Strong Culture and Strong Country.

Enquiry and Referrals

t: 03 5277 2038

e: <https://wathaurong.org.au>

Alcohol and Other Drugs (AOD)

Step Thru Care

Regional Care Partnerships – Mental Health and AOD

[Step Thru Care | Western Victoria Primary Health Network \(westvicphn.com.au\)](#)

Available to support people with low level needs, to mild and severe mental health issues and/or alcohol and other drugs support needs.

Geelong Otway

t: 03 8691 5480

e: stepthru@neaminational.org.au (intake)

Jigsaw Youth Mental Health Drugs and Alcohol Services

The service includes specialist early intervention for young people with or at risk of developing a serious mental health disorder and treatment services for young people with drug and alcohol and/or high prevalence disorders. For 16 - 25 years olds.

Triage service: 1300 094 187

Mental Health

Headspace (Geelong, Ocean Grove and Colac)

A free youth mental and general health service for 12 - 25 year olds, their families and friends. Services include counselling, Youth Health Clinics, AOD services and work and study support. Self referrals can be completed online.

Geelong

t: 03 5222 6690

e: headspace.Geelong@stride.com.au or eReferral via ReferralNet

w: [headspace Geelong | Youth Mental Health Centre & Services | headspace](#)

Colac

t: 03 5202 8290

Ocean Grove

t: 03 5253 0400

e: headspaceoceangrove@bch.org.au or ReferralNet ID: BCHDISS

w: [headspace Ocean Grove | Youth Mental Health Centre & Services](#)

Colac Youth and Health Hub

Services include mental health, alcohol and other drug issues, sexual health, advice about education, employment and accommodation. Ages 12 – 25 years.

t: 03 5232 5520

Barwon Health – Child and Adolescent Mental Health and Wellbeing (CAMHS)

Specialist mental health assessment and treatment service for infants, children and young people up to 18 years of age.

t: 1300 094 187

Drummond Street Services

Family Mental Health Support services – for children aged under 18 years and their families.

t: 03 9663 6733

e: enquiries@ds.org.au

Eating Disorders

The Geelong Clinic

The Eating Disorders Inpatient Programs are specifically designed to assist patients 16 years and above, to progress from the acute stage of illness to a level where they can monitor and manage themselves, with support and help from the treating team.

t: 03 5240 0700

e: TGCIntake@healthscope.com.au

w: [Eating Disorders Program :: The Geelong Clinic](#)

Barwon Health Eating Disorder Service

This service includes a specialist early intervention program for young people aged up to 25 years that aims to reduce the duration and/or impact of psychological and physical disturbance by enhancing early recognition and timely appropriate treatments.

t: 1300 094 187

Refugee Health

Barwon Health Refugee Clinic

The clinic is facilitated by a clinical nurse consultant and maintains close links with community services to ensure high-quality care for refugees living in the Geelong area.

t: 03 4215 1396

w: [Barwon Health - Refugee Health Clinic](#)

Cultura – Settlement Services

Help newly arrived people to establish support systems and live independent and happy lives in the community.

t: 4210 0000

e: connect@cultura.org.au

Sexual Health

Kardinia Health Sexual and Reproductive Health Clinic

Appointments available for the sexual and reproductive health clinic in Belmont.

t: 03 5202 9333

w: [Sexual Health Geelong | Kardinia Health Belmont](#)

Barwon Reproductive and Sexual Health (BRaSH) Clinic

GPs and Nurses with a special interest in sexual health. Provide services including education and advice related to safer sex practices, sexuality and sexual dysfunction.

t: 03 4215 1489

Triage: 0466 376 158

LGBTIQ

Gender and Sexuality Project (GASP)

Service provides social support groups for LGBTIQ+ Including dedicated social groups for transgender and gender diverse young people. Ages 12 - 25 years. Based in Geelong.

t: 03 5272 6120

w: [About — GASP \(gaspgeelong.org.au\)](#)

Drummond Street Services- Queerspace Youth

Queerspace Youth is a peer-led program for Queer, Trans, Intersex, Gender Diverse or questioning people aged 16-25 years old. Aims to provide mental health and wellbeing services tailored specifically for LGBTIQ+ young people, allowing them to access welcoming and inclusive support when they need it. Also supports their families and carers.

t: 03 9663 6733

e: enquiries@ds.org.au

Violence and Sexual Assault

The Sexual Assault & Family Violence Centre

Offer a range of support services to all people impacted by sexual and family violence, encompassing 24-hour crisis response, case management, therapeutic counselling and group programs, early intervention programs, refuge and housing support, legal services, professional training and primary prevention initiatives.

t: 03 5222 4318

e: reception@safvcentre.org.au

Drummond Street Services

The Family Violence Service for Young People offers a specialist response for young people and their families when there have been experiences of harm and family violence within the home, including where young people have enacted harm.

t: 03 9663 6733

e: enquiries@ds.org.au

Orange Door (Geelong, Drysdale & Colac)

Can help young people who do not feel safe or cared for; at risk of using; abusive or controlling behaviour or need help with these behaviours at home or in a relationship. Also supports victims of family violence.

t: 1800 271 180

e: barwon@orangedoor.vic.gov.au

w: [The Orange Door](#)

Berry Street

Provides services to support children, young people and families who may be at risk of or experiencing family violence.

t: 03 5331 3558

e: receptiongrampians@berrystreet.org.au

w: [Western Region \(Ballarat office\) | Berry Street](#)

Youth Support

Meli

Meli supports young people aged 12-25 years in areas such as mental health, justice, homelessness, drug and alcohol support and school engagement.

t: 03 5226 8900

e: info@meli.org.au

w: [Meli website](#)

Bellarine Community Health (Drysdale)

Youth services site provides exceptional youth friendly services in the areas of physical, mental and social Health. Services include mental health, sexual and reproductive health, occupational therapy, physiotherapy, podiatry, eating disorder management, educational support, behavioural management, anxiety and depression, life skills in preparation for adulthood, NDIS services.

t: 03 5253 0400

e: youth@bch.org.au

w: [Youth Services - Bellarine Community Health \(bch.org.au\)](#)

Additional Resources

If you were not able to find what you were looking for on this page, please check [Home - Community HealthPathways Western Victoria](#) or reach out to your School Health and Wellbeing Coordinator or WVPHN Practice Facilitator on QI@westvicphn.com.au.

- Victorian Poisons Information Centre (Austin Health) t: 131 126
- Victoria Homeless Crisis Response t: 1800 825 955
- Family Violence Response Centre t: 1800 015 188
- Sexual Assault Crisis Line t: 1800 806 292
- Gamblers' Helpline Youth t: 1800 262 376