

REFERRAL PATHWAYS

Doctors in Secondary Schools

Great South Coast

Purpose

The purpose of this document is to support all Doctors in Secondary Schools clinicians in the western Victorian region with specific referral pathways for secondary school aged students. This can be used in conjunction with [HealthPathways](#).

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Aboriginal and Torres Strait Islander

Clinicians are encouraged to provide an annual Health Assessment for Aboriginal and Torres Strait Islander People (**MBS item 715**).

Dhauwurd Wurrung Elderly and Community Health Service (DWECH) (Portland)

Our service strives to provide our community members with access to a range of culturally appropriate and effective services which improve their physical, spiritual, psychological, social and emotional health & wellbeing.

Enquiry and Referrals

t: 03 5521 7535

w: <https://www.dwech.com.au>

Gunditjmara Aboriginal Cooperative (Warrnambool)

“Placing culture at the centre of the work we do, we believe in empowering the people we work with and building a strong, health community.”

Enquiry and Referrals

t: 03 5564 3344 or 1800 629 729

w: <https://gunditjmara.org.au>

Kirrae Health Service (Purnim)

To service the physical, mental and emotional health needs of the Framlingham Aboriginal Community and surrounds in a manner that is effective, culturally sensitive and acceptable to the community.

Enquiry and Referrals

t: 03 5567 1270

w: <https://kirraehealth.com>

Winda-Mara Aboriginal Corporation (Hamilton & Heywood)

Their key focus is to provide opportunities for Aboriginal and Torres Strait Islander people and their families to access and participate in culturally appropriate services and community activities.

Enquiry and Referrals

t: 03 5527 0090 or 03 5527 0000

w: <https://windamara.com.au>

Alcohol and Other Drugs (AOD)

Step Thru Care

Regional Care Partnerships – Mental Health and AOD

[Step Thru Care | Western Victoria Primary Health Network \(westvicphn.com.au\)](https://westvicphn.com.au)

Available to support people with low level needs, to mild and severe mental health issues and/or alcohol and other drugs support needs.

Great South Coast

t: 1300 286 463 (intake)

e: rcpgsc@mindaustralia.org.au (intake)

Brophy Family and Youth Services (Warrnambool, Hamilton & Portland)

Our Youth Specialist alcohol and/or drug (AOD) programs support young people who require early intervention and/or alcohol and drug treatment to stabilise, reduce or cease harmful alcohol and drug use. Support is also offered to the young person's parent/care.

t: 1300 276 749

Portland District Health – Alcohol and Drug Counselling Services

(Portland & Hamilton)

Provides support and assistance for people associated with alcohol or other drugs, or in some way feel their lives are affected by the use and/or misuse of alcohol or other drugs.

t: 03 5521 0350

WRAD Health

Counselling services primarily address the impact of substance use/abuse on an individual and/or their family's lives.

t: 5564 5777

e: eReferral via ReferralNet (WRAD)

Mental Health

All Aboriginal and Torres Strait Islander clinics also offer Mental Health support for Aboriginal and Torres Strait patients.

South West Healthcare – Child and Adolescent Mental Health and Wellbeing

(Warrnambool, Portland, Hamilton & Camperdown)

Specialist mental health assessment and treatment service for infants, children and young people up to 18 years of age.

t: 1800 808 284

Portland District Health – Counselling and Support

Available for all age groups and there is no cost to attend the service. Psychology and counselling services specialising in depression, anxiety, multidisciplinary assessment for Autism Spectrum Disorder, developmental disorders (Autism, ADHD, ODD), plus many others.

t: 03 5521 1410 or 03 5521 0354

e: intake.pdh@swarh.vic.gov.au

w: [Counselling and Support - Portland District Health \(pdh.net.au\)](http://Counselling and Support - Portland District Health (pdh.net.au))

Headspace (Warrnambool & Portland)

A free youth mental and general health service for 12-25 year olds, their families and friends. Services include counselling, Youth Health Clinics, AOD services and work and study support.

Warrnambool

t: 1300 276 749

e: hswarrnambool@brophy.org.au

Portland

t: 03 5561 8850

e: HPortland@brophy.org.au

w: headspace - Brophy Family and Youth Services

Eating Disorders

Portland District Health – Eating Disorder Support

Available for all age groups and there is no cost to attend the service. Psychology and counselling services specialising in eating disorders.

t: 03 5521 1410 or 03 5521 0354

e: intake.pdh@swarh.vic.gov.au

w: [Counselling and Support - Portland District Health \(pdh.net.au\)](http://Counselling and Support - Portland District Health (pdh.net.au))

South West Healthcare – Nutrition and Dietetics (Warrnambool & Camperdown)

Dietitians assess the nutritional needs of patients, plan appropriate nutrition interventions and provide education for patients and their families.

t: 03 5563 4000

e: intake@swh.net.au

Refugee Health

South West Healthcare - Migrant and Refugee Support

Clients are given settlement related information advice, advocacy and assistance to access mainstream services that helps them to plan and meet their own needs.

t: 03 5563 4000

e: SETS@swh.net.au

Sexual Health

Ballarat Community Health (BCHC) – Sexual Health Clinic

BCH have a clinic available in Lucas where you can chat with a doctor or nurse regarding sexual health. They also offer Transgender Health Care – call clinic to book with the Peer Navigator. Under 16 will be bulk-billed.

t: 03 5338 4541

w: [Sexual health clinic - Ballarat Community Health \(bchc.org.au\)](http://bchc.org.au)

Kardinia Health Sexual and Reproductive Health Clinic

Appointments available for the sexual and reproductive health clinic in Belmont.

t: 03 5202 9333

w: [Sexual Health Geelong | Kardinia Health Belmont](#)

LGBTIQ

SAFE In the South West Project

Strengthening the capacity of the Great South Coast region of Victoria In supporting and celebrating LGBTIQ+ people across the south west.

t: 03 5561 8888

e: safe@brophy.org.au

Yumcha

Social group for LGBTIQ+ young people in and around Warrnambool and Hamilton. Open to friends/allies too. No referral needed. Run during school terms.

Warrnambool

Mondays 3.30 – 5.00pm @ Brophy CYC / Headspace

Hamilton

First and third Monday of each from 4.00pm at Hamilton Brophy Family and Youth Services (98 Thompson St, Hamilton)

Social Media: [Yumcha Media | Facebook](#)

Skittles Youth Diversity Group (Portland)

Aim to support young diverse people aged 12-25 years and their friends, offering a safe and welcome place to connect.

More information

Jesse 0400 151 447

e: jbeavis@glenelg.vic.gov.au

Violence and Sexual Assault

South Western Centre Against Sexual Assault (SWCASA)

(Warrnambool, Camperdown, Heywood & Portland)

Free and confidential counselling services to children who are victims/survivors of sexual assault and their partners, families and friends.

t: 03 5564 4144

e: casa@swah.net.au

w: [Centre Against Sexual Assault \(SW CASA\) - South West Healthcare](#)

The Orange Door (Warrnambool)

Can help if you are a young person who doesn't feel safe or cared for or at risk of being abusive or controlling behaviour or need help with these behaviours at home or in a relationship. Also deal with victims of family violence.

t: 1800 271 180

e: southwest@orangedoor.vic.gov.au

Berry Street

Provides services to support children, young people and families who may be at risk of or experiencing family violence.

t: 03 5331 3558

e: receptiongrampians@berrystreet.org.au

w: [Western Region \(Ballarat office\) | Berry Street](#)

Youth Support

Brophy Family and Youth Services (Warrnambool, Hamilton & Portland)

Youth Justice Programs

Supporting young people involved in the youth justice system to work towards their individual goals in housing, education, employment, life skills and social and emotional wellbeing with the aim of reducing recidivism.

t: 1300 276 749

w: [Youth Justice Programs - Brophy Family and Youth Services](#)

Additional Resources

If you were not able to find what you were looking for on this page, please check [Home - Community HealthPathways Western Victoria](#) or reach out to your School Health and Wellbeing Coordinator or WVPHN Practice Facilitator on QI@westvicphn.com.au.

- Victorian Poisons Information Centre (Austin Health) t: 131 126
- Victoria Homeless Crisis Response t: 1800 825 955
- Family Violence Response Centre t: 1800 015 188
- Sexual Assault Crisis Line t: 1800 806 292
- Gamblers' Helpline Youth t: 1800 262 376