| Focus Area | Why improve this focus area? | QI Ideas "What" of the Action Plan | Resources |
|-------------------------|--|---|--|
| Weight and Nutrition | High BMI/waist in adults is the greatest contributor to chronic disease High BMI/waist in children ↑ risk of obesity, T2D & CVD in adulthood Up to date clinical record Opportunity to provide education and information to patients Practice Nurse MBS Quadruple Aim: Patient experience Provider satisfaction Cost and sustainability Population health | Identify the patients that are eligible to have a GP management plan, a Health Assessment, TCA as well as having a review of any of the above due and set prompts to record BMI/Waist. Search for all patients with a weight over 90kg with no BMI recorded and check to see if they have a height recorded, then calculate their BMI. Search for patients over 50 with no height/weight recorded. Provide a list of patients to relevant practitioner of patients identified without a BMI who have other risk factors (smoking, ethnicity, blood pressure etc) Focus on patient groups (e.g. patients with high cholesterol or high blood glucose levels) | Clinical Audit Tools Cat4 – install Topbar – install and set up prompts Pen Recipe GP Hub/PHN Exchange GP Hub/PHN Exchange HealthPathways Weight Management in Obese Adults Weight Management in Children Meight Management in Children Date of the second secon |