

mental health & wellbeing local

Greater Geelong - Queenscliffe

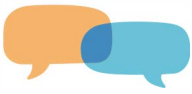
Free support in your
community

1800 573 151



wellways





**mental health &
wellbeing local**

Greater Geelong - Queenscliffe

Welcome, how can we help?

1800 573 151

- Free mental health, drug & alcohol and wellbeing support
- No mental health care plan or referral needed
- 26 years or older
- Lived experience peer supports
- Monday to Friday 9am to 5pm (including public holidays)

12-14 Thompson Road, North Geelong 3215

(relocating in mid-late 2023 to 181 Moorabool Street, Geelong)

GGQLocal@barwonhealth.org.au

We do not offer crisis support. In an emergency, phone 000.

For 24-hour crisis support, call Lifeline 13 11 44.

